

Tashima Janes Media AUTHOR.COACH.CURATOR

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Tashima Jones is a life coach, author, and brand consultant inspiring others to discover and live in their inner - greatness by way of Tashima Jones Media (a multimedia platform producing curated events, printed content, podcasts, and other digital properties) and Connects (a philanthropic endeavor).

Tashima Jones Media, lle





Tashima Jones is an author, life coach, brand consultant, and founder of Connects. Her debut book, Being Broke Made Me Rich, received reviews from the co-author of the New York Times best seller, The Millionaire Next Door, who happened to be her professor.

She holds a bachelor's degree in business & marketing, and studied psychology on a master's level but her greatest classroom has been personal life experience. She uses both her personal life (including her lowest moment after the degree, house, luxury car, and platinum wedding ring), and professional experience (in tech, wealth management marketing, luxury brand buying, real estate, and radio) to organically coach those who are ready for authentic change in their lives.

With a desire to support creatives, Tashima also founded Connects, a fresh 501c3, focused on media, film, art, music, and the creative economy.



COACHING | CONTENT | COMMUNITY



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Jashima Jones Ashima Jones coachin

Tashima Jones Coaching Whole life coaching focuses on organically helping women shift from survival mode to inner-wealth based living.



LifeClub The Podcast

LifeClub focuses on personal development and doing the LifeWork required for real change.



A Philanthropic Endeavor

TJM Connects, Inc., a fresh 501c3, focuses on media, film, art, music, and building relationships in the creative economy.



The LifeClub Membership

An online learning space for self-starters seeking inner - wealth & personal discovery.

JOURNALS & BOOKS

The Book of One Minute Meditations



THE BOOK OF ONE MINUTE MEDITATIONS



Teach Me How to Date (For The 21st Century Woman) A Quick Guide on Navigating Love, Sex, and Singlehood.

66 meditations that have the potential to change your life.

Being Broke Made Me Rich (#BBMMR) is a financial memoir

about the entrepreneur's journey of riches and enlightenment.



The LifeClub "Greatness Is Intentional" Soft Cover Journal 256 Lined pages to complete your LifeWork journal entries and reflections.



BRAND CONSULTING



Brand Consulting Focus Areas

Clarity Strategy Storytelling Development Relationship Cultivation ...and building timeless brands.



CLIENTS I COLLABORATORS I CONTRIBUTORS

Fader MetroPCS Black Enterprise Kelly Kinkaid, Producer Eric "ET" Thomas, Author/Speaker Your Voice Media, Digital Publisher Jazz Young, Music/Marketing/Professor Lynn Hobson, Author/Publicist/Director Alexis Jones, Brownstone/Sunday Service Tracey Moore, Casting Director/Producer Cardan, Grammy Award Winning Writer/Sony Walter Miller, VH1's Black Ink/Photographer Sway Calloway, Journalist/Sway's Universe Michael "Boogie" Pinckney, Director/Producer, p.g.a Kells Barnett, Fashion Desginer/Harlem Haberdashery Avery Sunshine, Grammy Award Winning Artist Nikisha Bailey, UMG/The Recording Academy LaVarro Jones, Filmmaker/Director/Editor Priscilya Hawkes, Entertainment Lawyer Tasha Smith, Director/Producer/Actor Ash Cash, Financial Educator/Author Ryan Leslie, Artist/Entrepreneur Sigourney Salley, VH1/Stylist Josh Barker, Amsterdam News



AUDIENCE I VALUES I MILESTONES

A **Trusted** & Reliable Voice

2.2k+ Subscribers/ Followers

Ages 25-45 47% Women 53% Men *10+ countries/ 6 continents

Global Audience*

80K+ Views/ Downloads **Long-term,** Quality Driven



REVIEWS

"You remind me of me. This was therapeutic. Thanks for having me." - Sway Calloway, Journalist/Sway's Universe "You have a wonderful message... Delighted that I was able to help you see the Truth! Keep up the good work." - William Danko, Marketing Professor, New York Times Best Selling Author

"A marketing maven who works

authentically!"

- Ash Cash,

Author & Financial Educator

"Your support was so helpful and appreciated." -Kris Rhymes, Visual Artist

"Please keep doing what you are doing, we need people like you if we are to succeed." - LaVarro Jones, Filmmaker/Director/Editor

"Thanks so much for your tips...so helpful." - Johnny Voltik & 86 Supreme,

Musician/Band

"Connects is what the industry needs!" - Cardan, Grammy Award Winning Songwriter/Artist

"You really helped our team.

way." -A.M.,

It has us thinking in a new

Talent Manager

what you're doing!
 It's necessary!"
 - Nikisha Bailey,
Universal Music Group/
The Recording Academy

"No one in NYC is doing

"You were amazing. Looking forward to future projects." - Sirita Wright, Black Enterprise Digital Marketing Manager

"This event had the largest turnout since our grand opening." - Ameriprise,

Wealth Management Branch

"So innovative and forward thinking. " - Marlo Top Chef, Industry Songwriter/Producer

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The Session Recaps and LifeWork allow me to digest what we talked about throughout the week and make measurable progress through the journaling process.

A few life skills I'm learning and strengthening include open and honest communication of feelings and emotions, setting and upholding boundaries, and

(yes) frequent journaling.

- J.E., Physics Educator

For years, I've been trying to navigate specific life goals but faced difficulty getting started and staying motivated. She has really helped me to identify issues that keep me stuck. She listens deeply and asks lots of questions to help me navigate the things I'm working on. She also has an amazing customized follow up and offers plenty of tools that are unique to my personality. My life has forever changed since meeting her. - C.R., Author/Non-Profit Founder

Tashima has definitely been part of my journey of growth and evolution from my 20's into my 30's. Her teachings, meditations, and content have contributed to learning about who I am and unlearning what no longer serves me. I am so grateful for her life work of helping to guide others. - N.R., Director of Social Services Tashima's classes and workshops have always left me full and inspired! She motivates with a passion and heart unmatched! Her life is the true definition of what she teaches. I am establishing new habits like journaling my ideas and thoughts. I compare myself less and focus on my inner - leading more. I give her five stars.

- E.B., Hair Stylist/Director of Ballet

Since starting the Sessions, I've learned about why I think and act the way that I do. Questions I've been asked for years, and answered with I don't know or No reason!, now have new answers and new meanings as a result of our talks. I've been able to see limiting thoughts and how they could hold me back in the future and see even clearer my motivation. I've also been able to reassess and shift how I look at my current positions.

- S.S., Public School Teacher

Tashima's courses, sessions, and workshops leave me empowered and enlightened. I gain clarity as to where I am and vision for where I desire to be. Her LifeWork, worksheets, and action plan are creative, insightful, and from the heart. She displays a genuine passion to see me succeed. - D.R.C., Healthcare Admin. Professional



CONTACT

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